



Personal, Social, Health Education (PSHE) Policy

'The School's Promise'

We will provide an education for the children which will provide challenge and variety; this will develop a desire for learning that we hope will stay with them.

Our lessons will have a strong focus on learning skills, these will be emphasised and given high priority so the children understand their importance and how they will make them better learners.

We will offer a broad curriculum which is personal to our school, we will focus on key English and Mathematical skills and provide a range of other learning opportunities which are beneficial and worthwhile.

We want the children to feel safe at our school, to understand they will be supported both academically and personally so they can achieve their very best and be proud of their achievements.

PSHE and Citizenship Curriculum

At Hester's Way Primary School, we see Personal, Social, Health Education and Citizenship as being at the centre of all that we do. Through our curriculum, our school environment and our school ethos we promote pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile relationships, based on respect for themselves and for others, at home, at school, at work and in the community.

The following policy outlines how we promote PSHE and Citizenship through our planning, teaching and assemblies.

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum (DFE 2013).

Appendix 1 contains our PSHE and Citizenship Curriculum from Years 1-6. This was written using guidance from the DFE PSHE Foundation. For information about PSHE in Reception, please see EYFS curriculum.

PSHE is taught through a combination discrete lessons in class and thematic lessons linked to other subjects.

School Values (STAR)

At Hester's Way Primary School we promote our Captain Positive Values (Sensible, Trustworthy, Ambitious and Respectful). Each half-term we promote one value across the school and award Captain Positive certificates in Friday's Celebration Assemblies. For more information, please see Behaviour Policy.

Learning Skills

At Hester's Way, the children, parents/carers, staff and governors put together what we think are the six most important key values. These are important **learning skills** for the children to use in their lessons. More importantly, they are a set of skills that we hope the children will continue to improve upon and use to good effect at secondary school and in later life. These important learning/life skills will be taught as stand-alone lessons with practical fun activities to reinforce the skill, as well as being embedded across the curriculum. Our "Enrichment" afternoons provide opportunities for children to learn how to learn through such activities as: gardening, big art, cookery, music and beauty/self-care.

British Modern Values

"A key part of our plan for education is to ensure children become valuable and fully rounded members of society who treat others with respect and tolerance, regardless of background. We want every school to promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs. This ensures young people understand the importance of respect and leave school fully prepared for life in modern Britain." (Lord Nash DFE 2014).

All schools have a duty to 'actively promote' the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs. These values were first set out by the government in the 'Prevent' strategy in 2011 (DFE 2017).

At Hester's Way Primary School, we promote British Modern Values through whole school events, assemblies and our curriculum.

Sex and Relationships Education

In September 2017, we introduced the new Gloucestershire County Council Relationships and Sex Education scheme of work which is used alongside the suggested resource: Channel 4's Living and Growing.

Channel 4 Learning announces that the long-established and highly successful DVD resource **Living and Growing** is being re-introduced to the market in the updated **Alternative** version.

The programmes in this series gently introduce sex education to younger children from childhood through adolescence into adulthood. An Inset programme and a programme

notes booklet are also included with the DVD to provide guidance for teachers, parents and governors.

Unit 1 (Age 5-7)

- Differences
- How Did I Get Here?
- Growing Up

Unit 2 (Age 7-11)

- Changes
- Girl Talk
- Boy Talk

Unit 3 (Age 7-11)

- How Babies Are Made
- How Babies are Born

Facts 4 Life

In September 2017, we received a whole-school training session on this health resilience programme for primary and secondary schools, which:

- helps all take ownership of health
- explores illness
- develops strategies for wellbeing

All class teachers will deliver the suggested lessons throughout the course of each term.

This policy was written by the PSHE Leader in September 2017.
To be reviewed in September 2020.

Ratified by: _____ Date: _____