

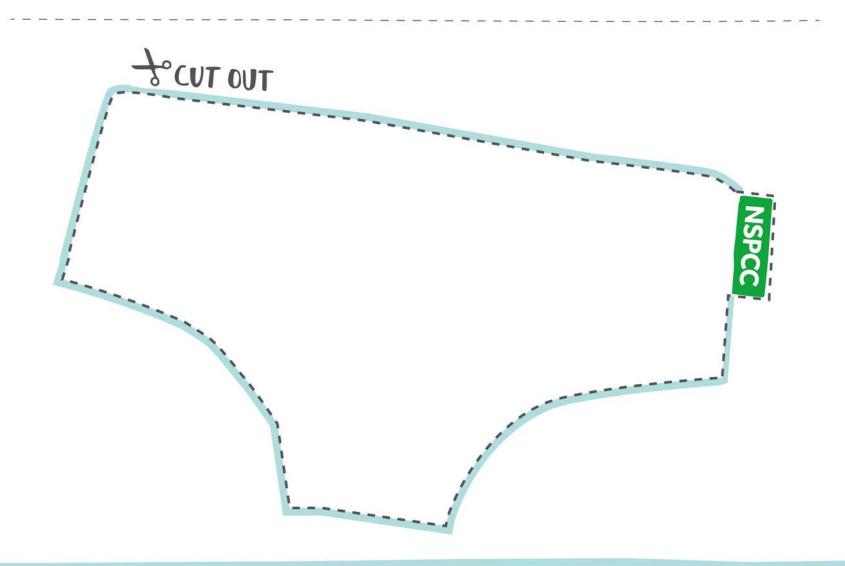
**NSPCC** 

**EVERY CHILDHOOD IS WORTH FIGHTING FOR** 

### The PANTS rules

- PRIVATES ARE PRIVATE
- A LWAYS REMEMBER YOUR BODY BELONGS TO YOU
- NO MEANS NO
- THAT UPSET YOU
- S PEAK UP, SOMEONE CAN HELP

# **Design your own PANTS**



#### **Meet Pantosaurus**



## Your body

- Your body belongs to you.
- Get your PANTS ready!
- Follow your teacher's instructions and talk about which parts of your body are private.

### Good and bad touch

- Touch can be good or bad.
- People touch you for different reasons.
- Sometimes touch feels bad, but is necessary.
- You should never be asked to keep secrets about touch.

## People you can trust

- Who do you trust most in the world?
- Trusted people are different for everyone.
- Write down a list of the people you trust.

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