



Personal Hygiene and Expectations of Conduct



Coronavirus Guidance

The Government say if a child can stay at home, safely, then they should to prevent the spread of this virus. We therefore have a limited number of children attending school.

If you are a member of staff and in the "vulnerable group" then you need to speak to the Head Teacher. Also if you have any medical issues or illness you must contact the Head Teacher immediately.

Whilst the rest of the UK has been asked to self-isolate, we are still required to work and as such will be paid. Even though it feels different and less formal, we must be aware that the children now attending school are more at risk of contracting Covid-19 and so are we as staff, leaving the house daily and being in contact with other people.

Anyone could be carrying Covid-19, as there are varying degrees of symptoms, therefore we must minimise our risk of contracting the virus and passing it on to loved ones and vulnerable family members.

Whilst, frontline key workers including ourselves continue to work, please can we ask that during this time of challenge and risk to all, that you follow these essential routines in order to protect you, your children, families and colleagues:

1. Wear clean clothes every-day.
2. Wash hands on entry to school, before/after eating, after the toilet, after playing outside with equipment, before/after adult/child sessions and at the end of the day when leaving school.
3. Wear gloves when prepping or providing breakfast, snack and lunch – ALL staff.
4. Gloves are available in the dining hall or school office.
5. Adults keep social distancing 2 or 3 steps behind and 2 metres apart.
6. Children taught and reminded to social distance and handwashing should be supervised at regular intervals (as above).
7. When you get home wash clothes, bathe or shower and put clean clothes on.
8. Sneeze, blow noses and cough into tissues bin or flush down the toilet then wash/sanitise hands.
9. Treat any colds or sore throats immediately to prevent escalation of symptoms.
10. Inform the Head Teacher or SLT if you have any of the Coronavirus symptoms immediately.
11. Keep hydrated with drinks, especially hotter drinks when safe and possible. The hot drink is supposed to kill the virus and limit its spread to the lungs. Bottled water is in the school office.
12. Eat fruit and veg where possible.
13. Exercise – daily.

This list is not exhaustive but a general guide. Please inform SLT if any resources run low or are needed.

The Cleaning Staff are cleaning the areas used daily and beginning to "Deep Clean" classes and school areas. They will put a note up when they have done the area. The rooms can still be accessed.

As the virus could still be lurking on materials around school, everyone needs to be mindful of following the hand washing rules, even if not in session with children. Also, although you cannot be directed to clean as such, I would suggest to staff that everyone should be aware of "cleanliness" as part of health and safety. Cleaning items that are touched everyday by yourself and others will limit the spread of the virus.

If you are using or sharing phones, touch screens, desks etc. Please clean these with anti-bac or sanitiser, before you use them. There are speaker-phone or hands-free options on the phones in the office please use these rather than the handset.

When answering the reception door, please hold it ajar, if you can't talk through the intercom and any post should be left on the floor to distance yourself or handed in at two arms lengths. Deliveries – the door should be left ajar and the driver directed from a distance to leave the goods in the reception area or kitchen. Leave for a while. Then removed outer packing, bin and wash hands after handling these items.