



## Personal, Social, Health Education (PSHE) Policy



'The School's Promise'

We will provide an education for the children which will provide challenge and variety; this will develop a desire for learning that we hope will stay with them.

Our lessons will have a strong focus on values and skills for life, these will be emphasised and given high priority so the children understand their importance and how they will make them better learners.

We will offer a broad curriculum which is personal to our school, we will focus on key English and Mathematical skills and provide a range of other learning opportunities which are beneficial and worthwhile.

We want the children to feel safe at our school, to understand they will be supported both academically and personally so they can achieve their very best and be proud of their achievements.

### **PSHE and Citizenship Curriculum**

At Hester's Way Primary School, we see Personal, Social, Health Education and Citizenship as being at the centre of all that we do. Through our curriculum, our school environment and our school ethos we promote pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile relationships, based on respect for themselves and for others, at home, at school, at work and in the community.

The following policy outlines how we promote PSHE and Citizenship through our planning, teaching and assemblies.

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum (DFE 2013).

Our PSHE and Citizenship Curriculum Overview for Years 1-6, was written using guidance from the DFE PSHE Foundation, PSHE Association and GHLL Facts for Life document. For information about PSHE in Reception, please see EYFS curriculum.

PSHE is taught through a combination discrete lessons in class and thematic lessons linked to other subjects, as well as daily reviews based on the pupils needs.

At Hester's Way Primary School, we consider PSHE to be a high priority and teach the children strategies to identify, talk about and manage their feelings and emotions, as well as develop and grow into positive citizen, who can make choices to determine positive future outcomes.

## **Behaviour Policy**

We promote and teach our school rules "Be ready, Be respectful, Be safe", so that everyone feels happy and safe in school. The children aim for "Gold" every-day and we celebrate Captain Positive certificates in Friday's Celebration Assemblies. For more information, please see Behaviour Policy.

## **School Vision and Values**

We encourage, motivate and teach our pupils to "Aspire, Believe, Care and Achieve" in all that they do but also to experience and have opportunities in a broad and balanced curriculum, so that later in life they can make positive decisions, life choices and contributions to the community and society. PSHE enable pupils to work on and develop all of our school values:

**Perseverance, Confidence, Resilience, Determination, Pride and Independence.**

## **Fundamental British Values**

"A key part of our plan for education is to ensure children become valuable and fully rounded members of society who treat others with respect and tolerance, regardless of background. We want every school to promote the basic British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance for those of different faiths and beliefs. This ensures young people understand the importance of respect and leave school fully prepared for life in modern Britain." (Lord Nash DFE 2014).

All schools have a duty to 'actively promote' the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs. These values were first set out by the government in the 'Prevent' strategy in 2011 (DFE 2017).

At Hester's Way Primary School, we promote Fundamental British Values through whole school events, assemblies and our curriculum.

## **Relationships and Sex Education**

In September 2017, we introduced the new Gloucestershire County Council Relationships and Sex Education scheme of work which is used alongside the suggested resource: Channel 4's Living and Growing.

### **Unit 1 (Age 5-7)**

- Differences
- How Did I Get Here?
- Growing Up

### **Unit 2 (Age 7-11)**

- Changes
- Girl Talk
- Boy Talk

### **Unit 3 (Age 7-11)**

- How Babies Are Made
- How Babies are Born

## **Facts 4 Life**

In September 2017, we received a whole-school training session on this health resilience programme for primary and secondary schools, which:

- helps all take ownership of health
- explores illness
- develops strategies for wellbeing

All class teachers will deliver the suggested lessons throughout the year.

This policy was written by the PSHE Leader in January 2021.

To be reviewed in September 2021, to review the statutory Relationships curriculum.

Ratified by: \_\_\_\_\_ Date: \_\_\_\_\_