

# Animals Including Humans — Year 3 (Also taught in Y4 2020-21)

## Previous Learning reminder:

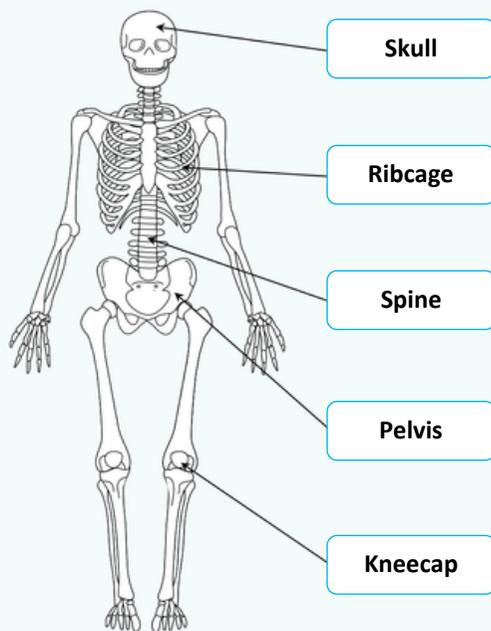
A **carnivore** eats only meat.

A **herbivore** eats only plants.

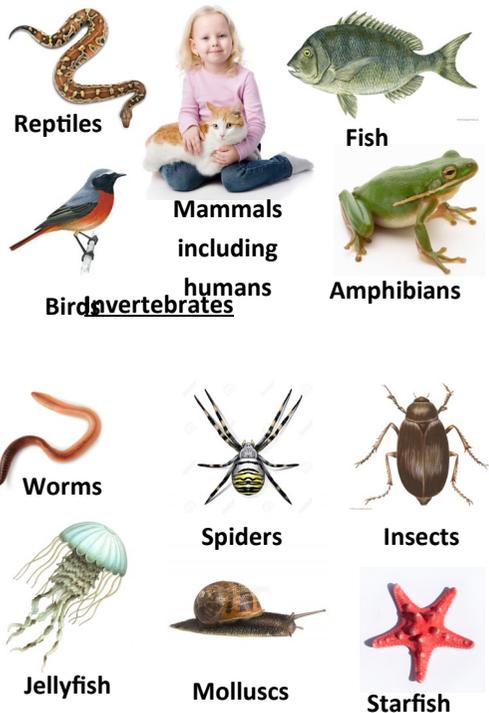
An **omnivore** eats both meat and plants.

Animals, including humans, need the right amounts of water, food and air to live.

## The Skeleton



## Vertebrates



## Key Vocabulary

<b>nutrients</b>	Substances in food that help you to grow.
<b>carbohydrates</b>	Found in foods such as bread, rice, pasta and sugar.
<b>protein</b>	Found in foods such as meats, fish, nuts and cheese.
<b>fibre</b>	Found in foods such as fruits, vegetables, beans and lentils.
<b>fat</b>	Found in foods such as butter, oil and some fish.
<b>skeleton</b>	The part of the body that gives it shape, protection and allows movement.
<b>bones</b>	The individual parts of the skeleton.
<b>muscles</b>	The parts of the body that enable us to move.
<b>vertebrate</b>	Animal with a backbone or skeleton.
<b>invertebrate</b>	Animal without a backbone or skeleton.

## Objectives

We are learning to:

- Identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat
- Identify that humans and some other animals have skeletons and muscles for support protection and movement

## Working Scientifically

We can be scientists by:

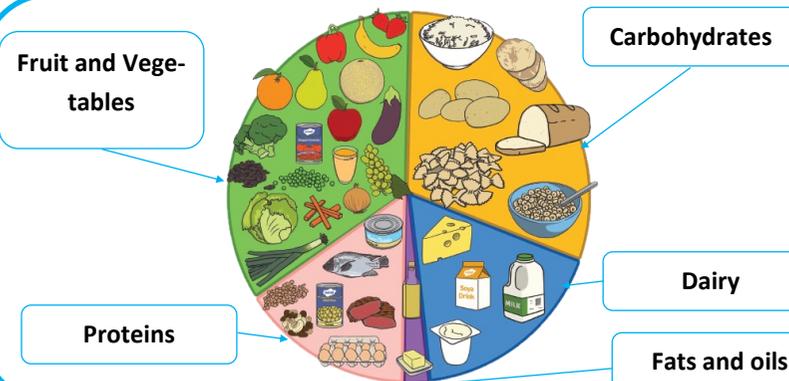
- Compare movement of animals with and without skeletons

What foods should we eat?

We will use these enquiry skills:

- Observing
- Classifying and comparing
- Researching

## What is in Our Food?



## Quick Check

- 1) What does a vertebrate have?
- 2) Do spiders have a skeleton?
- 3) Name three of the food groups.
- 4) What are nutrients?
- 5) Name three parts of a human skeleton.
- 6) Do snakes have a backbone?
- 7) Is it healthy to eat only pasta for every meal?
- 8) What is the bone that protects your brain called?
- 9) What do we call animals without backbones?
- 10) Which foods contain carbohydrates?