

Animals Including Humans — Year 2 (Also taught in Y3 2020-21)

Previous Learning reminder:

Carnivores are animals that eat only meat.
Herbivores are animals that eat only plants.
Omnivores are animals that eat both plants and meat.

Objectives

We are learning to:

- Notice that animals, including humans, have offspring which grow into adults.
- Find out about and describe the basic needs of animals, including humans, for survival (water, food and air).
- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

Working Scientifically

We can be scientists by:

- Exploring the effects of exercise on our bodies

How do I keep my pet healthy?

We will use these enquiry skills:

- Questioning
- Classifying
- Observing

Offspring

Animals, including humans, have offspring (or young) that grow into adults. The offspring sometimes look like their adults, but can look very different!



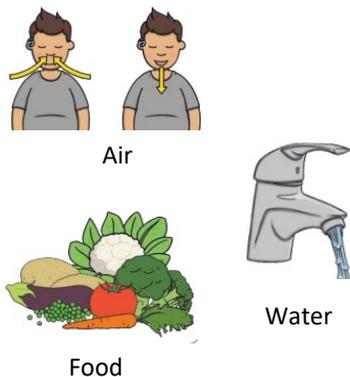
Key Vocabulary

offspring	The young that are produced by adults.
adult	The mature form of a plant or animal.
reproduction	When adults produce offspring.
breathing	Taking air in and out of lungs.
hygiene	Washing and keeping clean.
disease	An illness or sickness.
germs	Small organisms that cause disease.
food types	Different kinds of food, like meat, bread, pasta.

Keeping healthy

Basic Needs

To stay alive, all animals have three basic needs:



For human offspring to grow into healthy adults, we must eat the right types of food in the right amounts. We should eat a range of foods from the different sections of the plate each day.



We should exercise because it keeps our bodies and muscles healthy and strong.



We should keep ourselves clean because that removes the germs that might make us ill.



Quick Check

- 1) What does a carnivore eat?
- 2) What are the three basic needs of animals?
- 3) What are germs?
- 4) What do humans need to stay healthy?
- 5) Name three animal offspring.
- 6) Do all offspring look like the adult animal?
- 7) Is it healthy to eat only pasta for every meal?
- 8) How does exercise help us to stay healthy?
- 9) What do we wash off our hands?
- 10) What does 'offspring' mean?