

Spring term 2020

Whole School Assembly Objectives:

(KSI H1) What constitutes, and how to maintain, a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health

(KSI H16) What is meant by 'privacy'; their right to keep things 'private'; the importance of respecting others' privacy

(KSI H6) The importance of, and how to, maintain personal hygiene

(KS2 H24) The responsible use of mobile phones: safe keeping (looking after it) and safe user habits (time limits, use of passcodes, turning it off at night etc.)

(KS2 H25) How to manage requests for images

Wider Curriculum:

Recap first week of January; HWPS values (learning skills), vision, class charter and behaviour expectations.

Spring 2020 recovery curriculum for specific needs in your class.

RE: U2.12 How does faith help people when life gets hard?.

SMSC/Fundamental British Values - an appreciation that living under the rule of law protects individual citizens and is essential for their wellbeing and safety. Please link into co-vid 19 rules.

SRE: friendships

# Health and Well-being - Year 6

PSHE and SRE Knowledge organiser *SRE in italics*.

Objectives:

H5. to reflect on and celebrate their achievements, identify their strengths and areas for improvement, set high aspirations and goals. (KS2 Citizenship Objectives: to recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals;)

H8. about change, including transitions (between key stages and schools), loss, separation, divorce and bereavement (KS2 Citizenship Objectives: to face new challenges positively by collecting information, looking for help, making responsible choices, and taking action)

H9. to differentiate between the terms, 'risk', 'danger' and 'hazard'

H10. to recognise, predict and assess risks in different situations and decide how to manage them responsibly (including sensible road use and risks in their local environment) and to use this as an opportunity to build resilience

H11. to recognise how their increasing independence brings increased responsibility to keep themselves and others safe

H20. about taking care of their body, understanding that they have the right to protect their body from inappropriate and unwanted contact; understanding that actions such as female genital mutilation (FGM) constitute abuse and are a crime, and develop the skills and strategies required to get support if they have fears for themselves or their peers

H21. strategies for keeping physically and emotionally safe including road safety (including cycle safety- the Bikeability programme), and safety in the environment (including rail, water and fire safety)

H18. how their body will, and their emotions may, change as they approach and move through puberty. **KS2 Citizenship Objective:** to recognise, as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their family and others in a positive way.

Prior knowledge:

Understand good and not so good feelings, explain feelings to others.

Recognise that they may experience conflicting emotions and when they might need to listen to, or overcome these.

Know that pressure to behave in unacceptable, unhealthy or risky ways can come from a variety of sources.

To have skills to ask for help; to use basic techniques for resisting pressure to do something dangerous or that they think is wrong.

Have strategies for keeping safe online; the importance of protecting personal information.

Know which people are responsible for helping them stay healthy and safe; how they can help these people to keep them healthy and safe

Resources

Class achievement chart & personal goal

alongside behaviour rewards H5.



Winstons wish

<http://www.childhoodbereavementnetwork.org.uk/>

<https://www.twinkl.co.uk/www.literacytrust.org.uk/bookofhopes>

<https://www.todayparent.com/family/kids-and-divorce-an-age-by-age-guide/>

<https://youngminds.org.uk>

maps of local area

google: dealing with emotions ks2 lots of good resources.

Vocabulary: citizens

privacy

aspirations

risk

danger

hazard

independence

bereavement

Grief

genital mutilation

transition

