



## Sports Newsletter – Summer 2023

What a fantastic year of Sport and Healthy Living activities we have had at Hester's Way Primary!

Pupils have participated in Football training with Cheltenham Town coaches, swimming at Cheltenham College, an Archery competition, Inclusive sports (seated volleyball, Kin Ball, cup stacking and archery) as well as scooters, Yoga, Football and Dance after school clubs, Go Noodle movement breaks in classes, and of course Sports Days.



We are pleased that the Trim Trail has been installed, funded by the Sports Strategy and costing £13,500. The School Council had input in the design and choice. It is worth every penny, as the children are able to enjoy this at break and lunch times and have given wonderful feedback.

Y3 “I love the Trim Trail, it is so much fun”

Y4 “It seems a lot higher when you are on it, but I am getting more and more confident”

Y5 “I love the challenge when the whole class have to race to get across”

Y6 “I really like the bars; I have learnt to do a somersault”



We aim to update the EYFS outdoor area, in Autumn 2023. Then a rolling programme looking at replacing the KS1 play structure, which now needs a revamp.

The pupils have shown resilience and determination, pride and confidence when working with external coaches and their teachers over the course of the year. Movement and physical activity are vitally important. ALL of our children should be enjoying and creating healthy living habits to take with them through their lives.



After providing PE kits for the pupils, for two years, we are now needing to fund these larger projects for everyone to enjoy. From this September 2023, please can we ask you to provide your child with a PE kit. All items can be sourced from supermarkets such as Sainsbury's, Tesco and ALDI. The three basic items are **white polo shirt, navy joggers and navy shorts or a skort**. If you have PE kits at home that have been outgrown, please return them to school where we can put them out for other pupils to use.

The introduction of the school PE kit, as part of our school uniform policy, and wearing kit to school on PE days has enabled the children to have more physical activity and not spend time changing. They very much feel part of their class, house and school teams and look so smart.

In the next academic year 2023-24, we will see the pupils enjoying their weekly PE lessons with their class teachers, as well as Gloucester Rugby coaches working with KS2, swimming lessons, football clubs, yoga, daily mile and scooter sessions, Balanceability bikes, House Sports events every term and much more.

Thank you for all of your positive feedback this year and continued support!

Mrs Godzisz (Year 4 Teacher and Sports Curriculum Lead)